



CARE PARTNERS JULY NEWSLETTER



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CARE PARTNERS

Transitional Medicine Care Management Home Care Senior Placement



KAREN SULLINS

JULY SPOTLIGHT



Big welcome to Karen Sullins, our new Business Office Manager! Karen joins us with 15 years of billing/revenue cycle experience. In past roles she has worked for Silverado Hospice and Home Care as well as Davita Dialysis. She handles our client invoicing as well as administering company benefits. Please see her for any company benefit questions! In her free time, Karen enjoys hiking and biking with her husband Bill or learning foreign languages (Spanish and Greek). She has 2 grown kids (Nikolas and Cat) and one troublesome cat "Toothless". Karen has been a fantastic addition to our team, proving to be a valuable, kind and intelligent leader.



EMPLOYMENT OPPORTUNITIES

Home Care

Looking for Personal Care Attendants in the following areas:

South Orange County (Costa Mesa and below)
Orange County (General)
Mission Viejo
San Juan Capistrano
Dana Point
Laguna Beach

Home Care Recruiting Contact:

Alicia Prieto - Lead Recruiter
949-596-4969
aprieto@carepartners.us

Transitional Medicine

Looking for the following:

Physicians - San Bernardino (2) Sacramento (1)
LVNs, RNs, NP, - San Bernardino & Orange County

Medical Director - Sacramento, Inland Empire & Orange County

Clinical Recruiting Contacts:

Anna Kim - Clinical Recruiter
akim@carepartners.us

Janelle Delfin - Clinical Recruiter
jdelfin@carepartners.us

NEW HIRES

Welcome

- Miguel Garcia - 2/8
Client Care Coordinator

Janelle Delfin - 3/21
Clinical Recruiter

Monique Barragan - 4/18
Executive Assistant
- Vincent Dang - 6/13
Operations Assistant

Kate Koeckritz - 6/29
Recruiting Assistant

Melissa Haines - 5/9
Client Care Coordinator

JULY BIRTHDAYS

Happy Birthday!!

- Carla Vargas - 7/1

Saira Jayadi - 7/2

Guadalupe Morales - 7/3

Evelyn Jackson - 7/5

Edwin Salonga - 7/5

Neven Elawady - 7/8

Shantee Algozo - 7/9

Linda Wolfe - 7/9

Fredy Razo - 7/9

Anayeli Lopez - 7/11

Stearlene Marshall - 7/11

Julissa Sogo-An - 7/14

Samantha Harris - 7/14

Olga Rangel - 7/16

Sharon Jordan - 7/17
- Lupe Diaz - 7/17

Veronica Barba - 7/18

Ronan Nantes - 7/19

Melissa Haines - 7/19

Sasha Guest - 7/20

Gerdy Tamarindang - 7/21

Judy Welk - 7/23

Vivian Marbella - 7/26

Sharon Martinez - 7/26

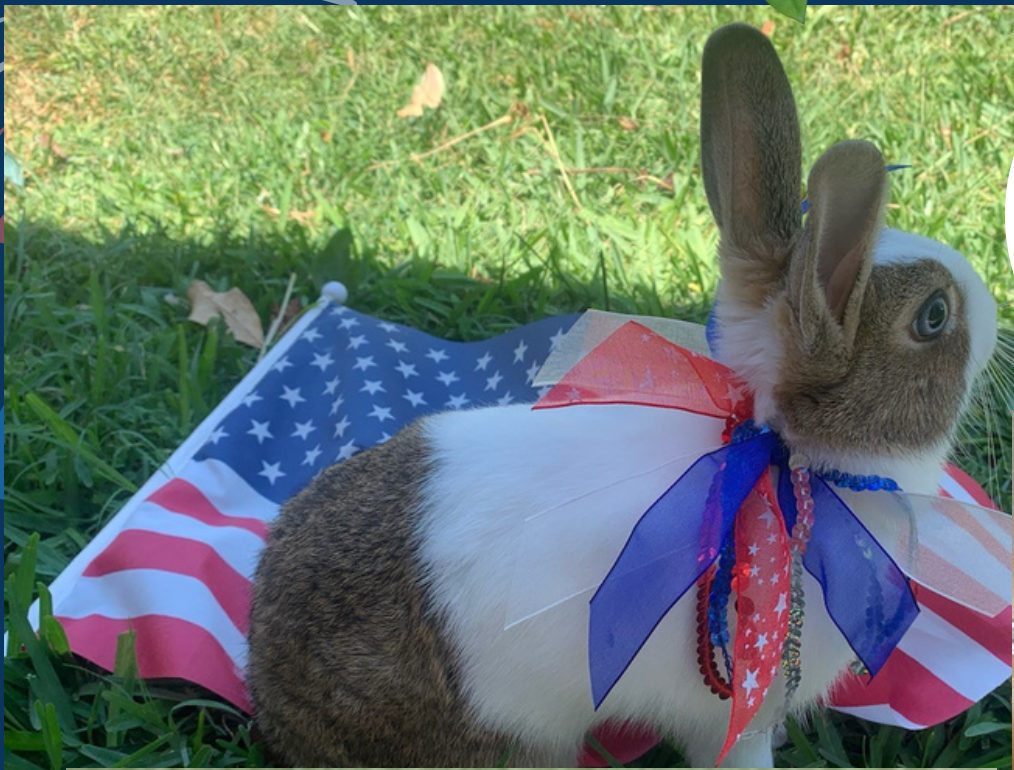
Vincent Dang - 7/26

Lilia Ramirez - 7/29

Cesar Valladolid - 7/31



CARE PET-NERS



TRANSITIONAL MEDICINE TEAM



NURSE APPRECIATION WEEK TEMECULA WINE TASTING

To honor and appreciate all of our hard-working Nurse Practitioners, we celebrated record breaking numbers by taking a party bus to Temecula Wine Country! We visited 3 beautiful wineries including Lorimar, Danza Del Sol and Callaway. Our team had a great time relaxing, enjoying the scenery and having laughs.

CARE PARTNERS AMERICAN RED CROSS BLOOD DRIVE

Care Partners recognizes the constant need for blood in America. Thanks to the American Red Cross for their partnership, 22 people from our organization were able to donate a total of 19 units of blood. Those 19 units have the potential of saving 57 lives. This event was highly successful and we already have our next drive scheduled for October 24th 2022!

BUSINESS DEVELOPMENT



REGENCY HEALTH FAIR

Care Partners and Care Assist were being beautifully represented this month by Catalina Elwell (Account Executive) at the Regency Health Fair in Laguna Woods.

UPCOMING BLOOD DRIVE



American Red Cross

Care Partners is having our next blood drive on October 24th, 2022! Be on the lookout for a flyer so you can sign up to save some lives!

This will be held here at our office in Costa Mesa



BROCCOLI SALAD RECIPE

- **SERVES:** 8
- **PREP TIME:** 10 min
- **COOK TIME:** 15 min
- **CALORIES:** 693

Broccoli salad could also be called broccoli slaw since it's very similar to coleslaw in that it features a raw vegetable from the brassica family, tossed in a creamy, mayo-based dressing. Our easy broccoli salad recipe is classic, through and through! You'll need:

- **Raw broccoli florets.** Yep, no need to blanch broccoli for this salad. No-cook summer salads FTW!
- **Bacon.** Cooked until crispy, then minced.
- **Raw red onion,** also minced.
- **Sunflower seeds,** for crunch. Look for the unsalted kind.
- **Raisins.** Sounds weird, but their hint of sweetness and toothsome chewiness is a great foil for the super-crunch of the raw broccoli.

Directions

- Chop chop chop! Chop the broccoli into bite-sized florets and mince the onion & cooked bacon
- Mix up your homemade broccoli salad dressing in the bottom of the large bowl
- Toss everything together until the salad is well dressed
- Refrigerate for an hour. This last step is very important—if you're super pressed for time, it is OK to skip it, but the salad really benefits from a little time in the fridge to let its sweet, savory, creamy flavors mingle and harmonize

This cold broccoli salad is the best thing ever—it knocks other cold summer salads out of the park, because there's basically no cooking required. Here's how to whip up the best broccoli salad ever

How To Make Broccoli Salad Dressing:

Traditional broccoli salad dressing is just creamy, mayonnaise-y perfection and we're not about to stray from that sweet-tangy goodness. We start with store-bought mayo, and add both cider vinegar and fresh lemon juice for lots of tangy brightness. A bit of sugar and salt to balance it all out, and that's all there is to homemade broccoli salad dressing.

TIME AND ATTENDANCE POLICY UPDATE

Below are some reminders on how to clock in and out of your shifts or document any potential changes.

- In any situation of a missed clock in/out, please notify the **CCC Team** at 949-664-9258.
- If you are not able to use the CCGo App, please call the telephony call-in services. The number is 844-469-6760. **This must be from the client's phone.**
- **Reminders of the 24-hour policy**—if your missed clock in/out is outstanding, a timesheet is needed to be sent to Vincent within 24 hours of your shift starting
- **Situational Approaches**
 - If you are **Clocked IN**, but forget to **Clock OUT**:
 - Please access the shift on the CCGo App, and leave a general comment—"Clocked out TIME."
 - If you Clocked In **LATE**, but arrived on time:
 - Inform the CCC Team right away and leave a general comment—"Arrived at TIME."
- For assistance or for timesheet documents contact **vdang@carepartners.us** or **(949) 647-5743**.

Thank You

REFERRAL

REFERRAL BONUS - \$250

Have a friend that would like working for us too? Let us know! If they get hired with us, you can make \$250! The person you refer needs to work 6 shifts within the first 2 weeks of being hired, and they need to let us know the first time they talk to us that you referred them. After they've worked for their first 2 weeks, reach out to the office so we can confirm their shifts and get your bonus on your next check.

SIGN-ON BONUS - \$200

If you work a total of 160 hours or more in the first 2 months (about 80 hours per month) you can qualify for a \$200 bonus! At the end of your first 2 months working with us, reach out so we can confirm you qualify and get your bonus on your next check.

401K

CARE PARTNERS 401K PLAN

Who likes TAXES? Reminder that our company 401k Plan is a great way to save money on taxes AND to save for retirement! if you have worked 1,000+ hours you can sign up. please reach out to Karen Sullins for more information at the main office line: 949-556-3433.



IN THE KNOW

HOW TO KEEP YOURSELF HYDRATED

1. Drink more water! Women are recommended to drink about 11 cups per day. Men are recommended to drink about 15 cups per day. Target water intake: 2.7-3.7 liters.
2. Limit caffeine
3. Limit alcohol
4. Eat plenty of fruit and vegetables
5. Consume water rich meals. Try out oatmeal! Oats require water to be cooked which adds hydration to your meal.
6. If it's too hot - stay inside!
7. Dress appropriately. Check the weather before you head out for the day!



RIDDLE

A man pushes his car to a hotel and tells the owner he's bankrupt. Why?

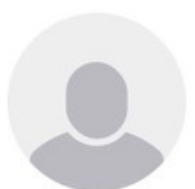
A: He's playing Monopoly



What five-letter word becomes shorter when you add two letters to it?

A: Short

YELP REVIEW



Becky S.

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7/8/22

We found ourselves in a very difficult situation last Fall after losing both my husband's caregivers. It was a struggle to find an agency willing to deal with all my husband's needs, which are many and unique in some ways. Enter Care Partners. Their commitment to finding the right caregiver for their clients is evident and their professionalism is outstanding. We have been extremely pleased right from the start with the quality of the caregivers, the flexible when unforeseen issues arise, their support and most of all, true care about their clients was not anything I saw in other agencies I looked into. I can highly recommend Care Partners and I don't know what I would do without our wonderful caregiver, Anjanette.

CONTACT US

150 Paularino Ave
Suite D-182
Costa Mesa, CA 92626

2900 Adams St
Suite C-260
Riverside, CA 92504

PH: 949-556-3433