CARE PARTNERS NEWSLETTER 🔆

FEBRUARY 2024



Care Partners
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Meet Christine M. Nurse Practitioner

Meet Christine, a dedicated member of the Care Partners team who joined us in March 2022. With an extensive background in healthcare, Christine brings a wealth of experience and passion for patient well-being.

Christine began her healthcare career as a Registered Nurse in 2012, initially serving in Los Angeles County. Her journey led her to prominent institutions like LAC+USC Medical Center and Cedars Sinai, where she gained invaluable inpatient experience. Not stopping there, Christine also contributed to Clinical Quality and Safety at Harbor UCLA Medical Center. In 2018, she achieved the milestone of becoming a Nurse Practitioner, furthering her impact on patient care.

In her current role at Care Partners, Christine focuses on posthospital discharge care. She employs the transitional care model to ensure a seamless continuum of care, particularly in preventing health complications associated with chronic diseases. Visiting patients in their homes, Christine plays a crucial role in fostering a sense of security for both patients and their families.



For Christine, the fulfillment in her job comes from knowing that patients and their families experience a reassuring sense of security post-hospitalization. Patients appreciate the reliability they find in Christine and the Care Partners team, ensuring ongoing care and proactive measures to prevent complications. Educating patients about their health is another aspect of the job that Christine finds particularly rewarding.

Outside of her healthcare responsibilities, Christine is a selfproclaimed foodie, always on the lookout for new culinary experiences. Whether exploring new eateries or experimenting with recipes at home, her love for food is evident. Additionally, she finds solace in knitting blankets while enjoying good music, making it her current favorite pastime.

Christine's commitment to compassionate care and her multifaceted interests make her a valuable asset to the Care Partners team. We are fortunate to have her expertise and enthusiasm contributing to our mission of enhancing patient well-being.





WELCOME TO THE TEAM



A huge welcome to the newest addition to the Care Partners Family! We are extremely excited for you all to start your journey with us, and we cannot wait to see what you accomplish!



CARE PET-NERS



TO FEATURE ANY NEWS IN UPCOMING NEWSLETTERS PLEASE CONTACT MEDIA@CAREPARTNERS.US



VALENTINE'S COOKIE DECORATING



Our team of "Heart Workers" got into the Valentine's spirit with a fun-filled cookie decorating event. Along with our employees, some of their children also participated in the festivities. The event had an amazing atmosphere, delicious heart shaped pizza and drinks that made it a memorable experience for everyone. Thank you to our Culture Committee for planning such a fun event!!



NATIONAL CAREGIVERS DAY



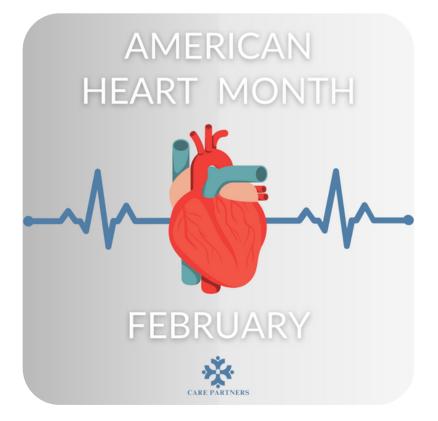
We organized our first Open House of the year on February 16, 2024, which was also National Caregivers Day! It was a fantastic opportunity to gather and celebrate. We express our heartfelt gratitude to all the wonderful Personal Care Attendants who could make it to the event. It was a pleasure to interact and get to know you better. We also want to acknowledge and thank those who couldn't attend for their invaluable contributions to our cause. Thank you for leading with your hearts. Your unwavering dedication does not go unnoticed; you are enhancing the quality of life for those in need. It's a powerful testament to the impact of love, compassion, empathy, and connection. We want to extend our deepest appreciation to each of you! You are the heroes who make the world a better place, and we are grateful for the significant difference you all make. Happy National Caregivers Day!

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AMERICAN HEART MONTH









Our CP Family wearing red for National Wear Red Day



The month of Febrary is American Heart Month—a time to raise awareness about heart health and take steps towards a healthier lifestyle. Heart disease stands as a significant contributor to mortality among Americans. Importantly, it does not discriminate based on factors such as gender, race, age, and so much more. Care Partners is joining many others to show solidarity, support, and commitment to combating heart disease. Adopting a new routine can benefit your heart health. Some things you can do to fight off heart disease: choose healthier food alternatives, consistently get 7-9 hours of sleep, understand the stressors that accompany your life and take part in healthy coping skills, and lastly stay active! These four lifestyle adjustments are just the beginning of many steps we can take to prioritize our health. Let's all make a commitment to take care of our hearts, not just during this month, but year-round.



REVIEW

F. REMINDERS

PCA Credential Renewals

To all Personal Care Attendants:

You may receive or have already received a notice to renew your credentials: ID/Driver's License, Home Care Aide Registration, Covid Vaccination Card, TB Test, Caregiver University, etc.

It is crucial these are renewed in a timely manner, as it is required for employment. For any questions, please relay them to our Onboarding Assistant, Kayla Dang. Having a Positive Experience At Care Partners at Home?

We want to hear from you!

We are on Yelp, Google My Business, and Indeed. Please take some time to share how you are enjoying Care Partners! This is a big draw when we are to attract new talents and demonstrate our top tier care!

Let's Connect!!

<u>Email</u>: kdang@carepartners.us <u>Direct Line</u>: 949.590.3263 You can follow us on Instagram and Facebook.

Referral Bonus

Have a friend that would like working for us too? Let us know! If they get hired with us, you can make \$250! the person you refer needs to work 6 shifts within the first 2 weeks of being hired, and they need to let us know the first time they talk to us that you referred them. After they've worked for their first 2 weeks, reach out to the office so we can confirm their shifts and get your bonus on your next check!

Contact Us

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